



GOTRNEO Spring 2020 Registration

Participant Name:		Date of Birth:				
T-Shirt Size:	Youth M	Youth L	Adult Small	Adult Medium	Adult Large	Adult XL
Grade in School: (Circle one.)	3	4	5	6	7	8
Ethnicity: (Circle one.)	African-American	Caucasian	American-Indian	Asian	Hispanic	Multi-Racial
Home Address:		Phone:				
City:	County:	State:	Zip:			
Email Address:						
Primary Parent/Guardian Contact Name:		Work Phone:	Mobile Phone:			
Primary Parent/Guardian Relationship to the Participant:						

Girls on the Run would like to send text messages that will allow you to receive important program and 5K updates, **including emergency messages prior to the 5K**. Message and data rates may apply. When you receive a SMS/Text Message you can reply STOP to unsubscribe at any time.

I understand and agree to receive text messages from Girls on the Run. (Circle one.) YES NO

Mandatory Emergency Contact (In the event the Primary Parent/Guardian cannot be reached, we will contact the person listed here.):

Contact #1:	Work Phone:	Mobile Phone:
Relation to Participant:		

Does the participant have permission to walk home?	YES	NO
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Has the participant ever done GOTR before?	YES	NO	If YES, how many seasons?
Please list names of individuals <u>with permission to pick up the participant</u> :			

Allergies/Medications:

Please list any/all allergies the participant has experienced:		
If the participant does have allergies, does she require the use of an EpiPen?	YES	NO
Please list any/all medications the participant is currently taking:		
Please list any special mental, physical, or medical problems the participant has:		

Accessibility and Support:

Girls on the Run is committed to ensuring girls with disabilities have a positive experience. In addition to doing physical activities, girls will be writing, speaking, reading, listening and following directions in a group setting. Based on this understanding of our program, please answer the following question(s).

Due to a physical, intellectual, and/or sensory disability, does the participant use an assistive device, need any accommodations, or is there anything else of which we need to be aware to help ensure a positive experience? YES NO
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Insurance Information:

Is the participant covered by insurance?	YES	NO	Carrier/Plan Name:
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I have fully read the permissions and releases printed on the following pages of this document, understand them, and I expressly agree to them. I hereby certify that there are no contraindications to the Participant's participation in the Girls on the Run Northeast Ohio program. I am the parent or legal guardian of the Participant, and this permission and release is binding on me and my executor, administrators and heirs.

Guardian Name (please print): _____

Guardian Signature: _____ Date: _____



GIRLS ON THE RUN NORTHEAST OHIO POLICIES AND RELEASE

Participant Name (please print):

Attendance / Absentee Policy

It is very important for the participant to attend **both** sessions each week because the lessons build up from one to the next and because group relationships build over time. Participants are not allowed to sign up for one session a week. **If you know the participant cannot make it to both sessions each week, please do not register.** In order to receive the most benefit from GOTRNEO, a participant who is absent more than **four** times may be removed from the program for the rest of the season.

Parent/Guardian Initials: _____

Respectful Behavior/Positive Participation Policy

Participants are expected to behave in a way that permits the coaches to carry out the day's scheduled activities. Participants who are continually disruptive in a way that prevents the rest of the group from experiencing the benefits of the program may be asked to leave for the rest of the season. A participant who engages in behavior that threatens the health or welfare of other participants or coaches will be released from the program for the remainder of the season. Threatening behavior may include but is not limited to: actual or threatened physical injury, emotional mistreatment, using any item in a dangerous way, or any other activity determined by a coach or administrator to be threatening of another person's health or well-being. Girls on the Run Northeast Ohio, its coaches, and administrators reserve the right to remove from participation any individual who for any reason does not fit the mission and goals of the organization.

Parent/Guardian Initials: _____

Transportation and Late Pick-Up Policy

It is the sole responsibility of the parent/guardian to transport his/her participant to and/or from Girls on the Run. Girls on the Run® volunteers are not permitted to transport any participant, outside of immediate family, in a vehicle when operating in the capacity of a GOTR volunteer. Participants are expected to be picked up promptly at the close of practice. Failure to pick up on time may result in the release of the participant from GOTR.

Parent/Guardian Initials: _____

Payment / Cancellation / Withdrawal from the Program Policy

Girls on the Run Northeast Ohio will refund the registration fee less a \$25 processing fee if requested **prior to the 4th** lesson. No refunds will be issued for any terminations after the 4th lesson. In the event that an unforeseen illness or health issue occurs after the 4th lesson, such instances will be handled on a case-by-case basis. If a site is cancelled due to insufficient registration or other circumstances deemed appropriate by Girls on the Run of Northeast Ohio the full registration fee will be refunded.

Parent/Guardian Initials: _____

Photo Release

During the program we occasionally take photos of the girls and local news or other media may feature the program. We may use media/photos of your child for future brochures, publication or in other ways to promote the program.

Parent/Guardian initials: _____



I am the parent or legal guardian of _____, a minor ("Participant"). I agree that the Participant may participate in the Girls on the Run® program. The purpose of the program is to increase the Participant's activity/fitness level and self-esteem while at the same time teaching life skills that will be beneficial to the Participant as she enters middle school/adolescence. I understand that during the program, the Participant will be involved in outdoor physical activities. Physical reactions to exercise may include heat-related illness, abnormal heartbeats and blood pressure and, in rare instances, events such as heart attacks. While Girls on the Run takes all reasonable precautions, we can make no guarantees regarding these and other risks. Recognizing the risks of the program, and in consideration for allowing the Participant to participate in the program, I hereby release, discharge and agree to hold harmless, and to indemnify each of Girls on the Run Northeast Ohio and Girls on the Run International, their owners, directors, officers, contributors, sponsors, employees, contractors, agents and assigns against and from any causes of action, claims, demands, damages, costs, loss of services, expenses, compensation, all consequential damages and attorneys' fees (regardless whether pursuant to the laws of any county, state or country) claimed by, through or on behalf of me or the Participant related directly or indirectly to the program (including without limitation the 5k race, the City of Akron and the City of Mayfield), and specifically including any and all claims for personal injuries sustained while participating in program activities without regard to negligence or negligent conditions.

In addition, I hereby authorize Girls on the Run, if after a reasonable attempt has been made to reach a parent, guardian or emergency contact to obtain consent, or if sound medical practice decrees that there is not time to make such an attempt, to consent to any x-ray examination, anesthetic, dental, medical or surgical diagnosis or treatment, and hospital care, to be rendered to the Participant under the general or special supervision and on the advice of any physician or surgeon who may treat the Participant, and consent to any x-ray examination, anesthetic, dental, medical or surgical diagnosis or treatment and hospital care, to be rendered to the Participant by any health care professional who may treat the Participant. I agree to pay for any such treatment and to reimburse Girls on the Run for all costs and expenses it may incur related to such treatment.

I hereby grant Girls on the Run®, its National Title Sponsors, its National Sponsors, and all assigns, licensees, successors in interest, legal representatives, employees, consultants, and those acting with permission or authority of the aforementioned parties, the absolute, irrevocable and unrestricted right to use photographs, videos likeness and audio (including without limitation all originals, negatives, prints and transparencies or any duplicates or reproductions of the foregoing) that have been or will be taken of the Participant (collectively, "Images"), in which the Participant may be included with others, to copyright the same, in the name of Girls on the Run or otherwise; to use, re-use, publish and republish the same in whole or in part, individually or in conjunction with other photographs and videos, and in conjunction with any printed matter, in any and all media now and hereafter known, and for any purpose whatsoever; and to use my name in connection herewith.

I hereby release and agree to hold harmless Girls on the Run Northeast Ohio and all aforementioned entities, from any damages or liability relating to or arising from any use of or modification, alteration, distortion or other change to any of the Images and/or information gathered, unless it can be proven that such reproduction were maliciously caused, produced and published for the sole purpose of subjecting Participant to conspicuous ridicule, scandal, reproach, scorn and indignity. I hereby waive any claims I may have based on any usage of the Images, information gathered, or works derived thereof, including but not limited to claims for either invasion of privacy or libel. I represent, warrant and agree that the Participant will not disaffirm or disavow this release on the ground that the Participant was a minor on the date it is executed or any similar grounds whatsoever.

I understand that the Participant may complete a confidential survey at the beginning and conclusion of the program. The survey assesses thoughts, feelings, and behaviors related to physical activity, self, and peers. This information will enable councils to determine whether improvements have occurred over the course of the season. No names will be included on the surveys; rather, a code number will be assigned to each girl that will only be known by council contacts. Registration and survey information is shared with Girls on the Run International.

I expressly agree that this consent is intended to be as broad and inclusive a release of liability as permitted by applicable law and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I hereby warrant and represent that I am 18 years old or older; I have carefully read this consent and agree to its terms and conditions, that before signing this agreement I had the chance to ask questions; and I am aware that by signing this consent, I assume all risks and waive and release certain substantial rights that I and participant may have or possess against Girls on the Run Northeast Ohio. To the extent permitted by applicable law, I hereby irrevocably and unconditionally waive trial by jury in any legal action or proceeding related to this agreement.



Spring 2020 Registration

What is Girls on the Run?

Girls on the Run (GOTR) is a non-profit program which inspires girls to be joyful, healthy, and confident using a fun, experienced-based curriculum which creatively integrates running and movement. The program is led by trained coaches who share the joy of being active while motivating the girls. The spring program at West Branch starts on March 3, 2020, with sessions being held each Tuesday and Thursday from 2:45-4:15 PM. The season culminates on May 16, 2020 with the celebratory Girls on the Run 5k.

Program Fee:

West Branch Local Schools' GOTR Program has been graciously supported by a student health and wellness grant which reduces the program cost to \$65 per participant. If the program continues past the initial year at West Branch, an income-based sliding scale will be implemented, per the GOTR National Policy.

Program cost includes:

- 20 lessons conducted by three certified GOTRNEO Coaches
- Official GOTR t-shirt
- Participation in the Girls on the Run 5k
- Water bottle
- Snack at each practice
- 5k finisher's medallion

If you have special circumstances that prohibit you from paying the \$65 fee, please indicate financial need by signing your name next to the asterisk:

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Payment Type (Please circle one.):	CASH	CHECK	Payment Amount: \$
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Please make your check payable to "Girls on the Run Northeast Ohio" and return it with this completed packet to the participant's homeroom teacher by Thursday, February 13, 2020.

Team sizes are limited to 15 participants. We presently have enough coaches to support three teams. If more girls register than our number of coaches will allow, a lottery system will be implemented by GOTR National to randomly select participants.

All of the girls are recommended to participate in the Girls on the Run 5K on Saturday, May 16, 2020 at The University of Akron's InfoCision Stadium.