

OFFENSIVE POSITIONS

QB

STANCE, DROPS FOR 3-STEP, 5 STEP, SPRINT OUT & BOOT PASSING SKILLS & DRILLS, BALL HANDLING, INTRODUCTION TO READING COVERAGES

RB

STANCE, ACCELERATION, BALL HANDLING & SECURE BALL CARRY, PROPER CUTS, BLOCKING – BOTH RUN & PASS BLOCKING

WR

STANCE, STARTS, PASS ROUTES, STOCK BLOCKING, PASS CATCHING, SPEED DRILLS

O-LINE

STANCE, FOOT WORK, ALIGNMENT, RUN BLOCKING TECH, PASS BLOCKING, HAND PLACEMENT & “PUNCH” BOTH SINGLE BLOCK & DBL TEAM BLOCKS WILL BE INSTRUCTED.



DEFENSIVE POSITIONS

LB

STANCE, RUN READS, TACKLING, MAN COVERAGE, DEFEATING BLOCKS

DB

STANCE, ALIGNMENT, FORMATION RECOGNITION, TACKLING, MAN COVERAGE

D-LINE

STANCE, BLOW DELIVERY, TACKLING, PASS RUSH, STUNTING, GAP CONTROL & LEVERAGE DRILLS

CAMP ACTIVITIES:

Continuous warm up & stretch
Zone Football/Razzle Dazzle
Individual Technique Run & Pass Offense
Individual Technique Run & Pass Defense
Speed & Agility Drills
Speakers – WB Grads

2017 West Branch Football Camp Grade 1 – 9 (Fall 2017)



June 12 & 13, 2017

9:00 a.m. – 11:30 a.m.
(Check In – 8:30 – June 12th)
(Check-In – 8:50 – June 13th)

PLEASE COMPLETE THIS APPLICATION CAREFULLY.

Please enroll me in West Branch Football Camp. It is understood that the directors or anyone connected to the camp, will not assume any responsibility for accidents, medical, dental or any other expenses incurred as a result of an accident.

Name: _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

GRADE (entering in fall of 2017) _____ AGE _____ SHIRT SIZE _____

HOME PHONE _____ CELL PHONE _____

NAME OF SCHOOL _____

SIGNATURE OF PARENT OR GUARDIAN REQUIRED BELOW

If you have any questions call 330-938-4481.

Make all checks payable to West Branch Football

MAIL TO:

West Branch High School

Coach Dota

14277 Main Street

Beloit, OH 44609

I herby authorize the director of the West Branch Football Camp to act in his best judgment in an emergency requiring medical assistance. I certify that my son has no injury or illness which could jeopardize his well being by participating in the West Branch Football Camp.

PARENT OR GUARDIAN SIGNATURE

DATE

***IMPORTANT CAMP INFORMATION**

LOCATION:

West Branch High School Stadium

DATE:

June 12th & 13th -- 2 DAYS OF CAMP!

9:00 a.m. – 11:30 a.m.

COST:

Pre-registration (by June 7, 2017)

\$20 = Camp Instruction, T-shirt & Speakers

***Late Registration -- \$25 (not guaranteed a shirt)**

INSTRUCTION:

Campers will be grouped for instruction by grades. For student-athletes in grades 1st thru 9th (*In the fall of 2017*)

CHECK IN TIME:

8:45 a.m. daily (9:00 a.m. until 11:30 a.m.)

WHAT TO WEAR:

Each camper is to wear a t-shirt & shorts. Football shoes with cleats are preferred. (Gym shoes too – due to inclement weather)

COACHING:

Instructors will be current West Branch Coaches & Players.